

RESEARCH FOCUS

Prof. B.L Salako research activities focused mainly on his specialty of hypertension and nephrology and specifically in hypertension, its risk factors, and other co-morbid factors that may work in concert with hypertension to produce hypertension complications. He has paid particular attention to microalbuminuria, a well-known risk factor for cardiovascular events on its own; thus has studied microalbuminuria in hypertensives, diabetic population and the elderly age group and prevalence, level control and reasons for poor control of hypertension in Nigeria. His interest in the complication of hypertension has been directed at chronic renal disease as a complication of hypertension with particular attention paid to chronic renal failure. The costly management renal diseases has increased his interest in studying the problems associated with the basic investigation, management and measures that may be employed to reduce cost and encourage prevention of renal diseases generally in our environment. All of these efforts cumulated in the writing of a “Handbook of kidney and kidney related diseases for Laypersons”, which is expected to serve as a source of education for the general populace on kidney diseases and how to prevent them. He is currently assessing genetic association among hypertensive and chronic kidney disease cases and control group in collaboration with the Loyola University School of Medicine, USA, University of Ghana and University of Michigan, USA.